

C-SECTION REGISTRATION

JCMH Women's Health Associates and the staff of JCMH want to make this experience as easy and pleasant as possible. Whether this is a repeat C-section or your first, it is important that we give you information that will help you prepare for your upcoming surgery.

We encourage you to review this information so that you are familiar with the pre-registration process.

Pre-Registration

- At least 2 business days prior to your surgery you will return to Women's Health Associates for your pre-op appointment. Please be aware that this whole process may take 2-3 hours to complete.
- We ask that you bring all your medications with you at this time as well as a photo I.D. and your insurance cards.
- If you have a spouse, partner or family member (significant other) who you would like to attend your C-section birth, they will need to attend this pre-op appointment with you. If they are unable to come with you there is a good chance that they will not be able to attend your baby's C-Section birth.
- At this appointment you will be given a pre-registration packet, which you will take to Admissions at JCMH where the pre-admission process continues. Blood will be drawn so please wear something short sleeved or loose enough to push up past your elbow.
- You both will then go up to Women's Center (WC) on the 2nd floor and view the C-Section video. This is mandatory if your significant other plans to attend the birth. The only exception is if you both viewed the video during childbirth class this pregnancy and you have a signed consent on file.
- You will be notified by Same Day Surgery (SDS) the day before your scheduled C-Section to let you know what time to arrive at the hospital.

TURN OVER FOR
Day of Surgery information



Day of SURGERY

- Check in at Admissions the morning of your scheduled surgery. They will direct you to SDS, which is located on the 2nd floor, opposite end of the hallway from the WC.
- You will be prepped for surgery there. Once they are ready for you in the Operating Room (O.R.) you will be taken to the holding area. This will be when you talk to your anesthesia provider.
- When you are moved from the holding area into an O.R. room your significant other will be taken into a dressing area where they will change into O.R. scrubs. Meanwhile your spinal anesthesia will be done. If your foley catheter was not inserted in SDS it will be inserted at this time. Once these procedures are completed your significant other will be brought to you.
- Upon the birth of your baby, the Nursery nurse will stabilize your baby. You, your baby and your significant other will be banded with identical numbered bands. This is for security reasons. If there are no complications, your baby will be wrapped in blankets and will be brought to you to see prior to its transfer to the Nursery. Your significant other will escort your baby to the Nursery. They may then view the admission process from the windows so that they can tell you all about it later.
- Once the physician has completed your surgery you will go to the post anesthesia care unit (PACU) until you are stable and ready to go to your room. When you leave the PACU you will be transported to the WC where you will remain until your discharge. Your baby will be brought in to you shortly after your arrival on the WC, provided your baby is stable. At this time we encourage you to nurse your baby if you are planning to breastfeed.

QUESTIONS?

All the staff at JCMH has the same goal, to give you the birth experience of a lifetime while keeping you informed and including you in decisions about your care. You can assist us in this goal by “Speaking Up” at any point in this process.

If you have any questions, please contact the Women’s Health Associates at 580-379-6140, Same Day Surgery Pre Admissions at 580-379-5270 or the Women’s Center at 580-379-5220.



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